



The Movement Center
The power of spirit

Summer Retreat Registration

Wednesday, July 21 - Sunday, July 25, 2010

1 REGISTRANT INFO

Name(s) _____

Street _____ City _____

State _____ Zip _____ email address _____

Phone Day (_____) Eve. (_____)

2 RETREAT FEE - (Accommodations not included)

Price	*Early Bird	Number Attending	Amount
<input type="checkbox"/> \$585	\$535	_____	\$ _____
<input type="checkbox"/> Members: \$450	\$400	_____	\$ _____
* Early Bird Discount for payment received in full by 6/25/10			Total Due: \$ _____

Can't make it for the full Retreat? Contact Doreen in The Movement Center office to discuss your options.

3 PAYMENT OPTION

- My full payment of \$_____ is enclosed.
- \$100 deposit/ person enclosed. Balance due by the first day of the retreat, unless you have made prior arrangements with Doreen in The Movement Center office.

4 METHOD OF PAYMENT

- Check or money order Cash MasterCard / VISA

Account number _____ / Exp. date _____ 3-digit security code _____
(above signature on back)

Signature _____

FOR OFFICE USE ONLY
Cash
Check #
MC/VISA
Amount
Date booked

Thanks, and we'll see you at the Retreat!



The Movement Center Accommodations Request

Wednesday, July 21 - Sunday, July 25 2010

In order to accommodate as many guests as possible, we will be assigning rooms on a double occupancy basis. We will assign you to a room either with an Ashram resident or with another guest. You may request a specific roommate; please be sure that both guests make the request. Guests requesting accommodations on the same form will automatically be roomed together at the double occupancy rate. If you prefer a single room, you may request one at an additional charge. Please submit your request as soon as possible. We will let you know whether we will be able to accommodate you by June 30.
No requests will be considered after June 25.

1 GUEST INFO

Name(s) _____ email address _____

Phone Day () _____ Eve. () _____

Roommate request (if applicable) _____

2 ARRIVAL AND DEPARTURE DATES

Rooms will be available at 2pm the date of your arrival. You are welcome to arrive at the Ashram earlier than check-in time, but your room may not be ready. If you have special circumstances, please let us know so we can arrange an early check-in for you. Providing your arrival time will help us with our front-desk staffing

Arrival: Date: _____ Time: _____

Departure: Date: _____ **Total Number of Nights** _____

3 RATES FOR ACCOMMODATIONS

Accommodations are **not** included in your retreat fee. Please pay for your accommodations upon your arrival.

Double Occupancy (per person)	Single Occupancy	Number Of Nights	Amount
<input type="checkbox"/> \$70	<input type="checkbox"/> \$100	_____	\$
<input type="checkbox"/> Members: \$50	<input type="checkbox"/> Members: \$70	_____	\$
Total:			\$

GETTING TO THE MOVEMENT CENTER

Sorry, we do not provide transportation to and from the airport, but you do have some easy options. Fortunately, The Movement Center is not hard to locate.

- o Taxis cost around \$20 — please instruct them to drive down Sandy Blvd to NE 31st. Turn left at 31st and left again on Hassalo, just behind the Tonic Lounge. The Movement Center entrance is at the end of the street.
- o The light rail also goes directly from the airport and makes a stop in Hollywood (NE 42nd Ave and Halsey). If you don't mind a bit of a walk, go from the terminal over to Sandy Blvd and walk down to 31st. This is not a good option if you have heavy bags.

WHEN YOU ARRIVE

Please come to the Program Entrance. Check in will be in the lobby. You will get the Retreat schedule and your room assignment there.